



# Gesher/Nitzanim Packing List

- 10 t-shirts/casual shirts
- 2-3 pairs of jeans or sweatpants
- 6-7 pairs of shorts
- 3 pairs pajamas/nightgowns/nightshirts
- 14 pairs underpants/boxer shorts
- 14 pairs of socks
- Bathrobe (optional)
- 2 swimsuits (1 piece, tankini, or swim shorts)  
No Speedos or Bikinis
- 1 short or long sleeved rashguard  
for pool use
- 2 plain white t-shirts that can be used  
for projects
- 5 kippot (at least) *required for boys, optional  
for girls*
- 1 extra pair of glasses/contact lenses
- 1 pair sturdy walking/athletic shoes
- 1 pair nice shoes for Shabbat
- 1 pair of shoes for pool and shower
- 2 sweaters/sweatshirts/light jackets
- 2 warm, long-sleeve shirts
- 2 sun hats/caps
- Sleeping bag (for camping trip use only)
- 2 blankets (for daily use)
- Pillow and pillowcases
- 2 sets of twin size sheets (required!)
- Comb/brush
- 4 towels and washcloths  
(2 for bathing, 2 for the pool)
- Soap with traveling holder or Body Wash
- Sunscreen (SPF 15 or higher)

- Toothbrush and toothpaste
- Moisturizing lotion
- Clip-on fan portable size
- Chapstick
- Bug spray
- Shampoo and conditioner
- 2 water bottles labeled with first and  
last name, and *edah*
- 1 laundry bag
- Clothes hangers
- Flashlight and batteries
- Pens, stationery, stamps
- Small backpack/daypack

**Suggested:** tennis racket, baseball glove,  
swimming goggles, disposable camera, extra  
batteries, extra stamps, books, playing cards,  
musical instruments

## Shabbat

*For Friday night and Shabbat Morning: nicer than  
weekday, but comfortable and casual.*

### SUGGESTIONS

- 3-4 dresses/skirts/outfits
- 3-4 dress/polo shirts (long or short)
- 2 pairs of solid color dress slacks or khakis  
(no jeans)
- 4<sup>th</sup> Friday is "White Shabbat"  
(Gesher Bet and Dalet and Nitzanim)
- Shoulders and backs need to be covered  
by either sleeves or shoulder cover-ups for  
all T'fillot

\*Tankinis are permitted.

# Packing Tips & Advice

Do I pack my child's favorite t-shirt? What if it gets lost? Should I send up enough pairs of socks for one per day or more? What's the best way to label clothing? These may be a few of the questions going through your mind as you begin the packing process. Below are a few tips offered by veteran camp parents who have perfected the art of packing for camp. And yes, it is most certainly an art!

- **Pack WITH your child**, not at night after he or she is fast asleep. You may be surprised about what clothing items your child doesn't want to leave home without. More importantly this helps familiarize them with what is in their luggage so that upon arrival at camp when they begin the unpacking process it's easy for them to pull out their bedding to make their bed and to locate pajamas and whatever else they may need.
- **Provide tools for organization.** Campers' clothing is stored in cubbies. For some children it's a real challenge to keep things folded and organized. If this sounds familiar to you, you may want to consider sending up certain items like socks and underwear in mesh laundry bags.
- **Ziplock bags** are your friend! Use them for the following:
  - Underwear – send extra
  - Socks – send extra
  - Shabbat Outfits
  - Shampoo and Conditioner
  - Sunscreen
- **Pack a waterproof basket for your child's toiletries.** Once at camp, the counselors will instruct your child to put their toiletries into this basket, and it will be used daily to help keep your child organized and to carry the items to and from the showers. If you have not purchased this before, Target usually has this item.
- **Order sticker nametags.** LabelDaddy.com offers a 25% discount to Ramah campers. (Visit LabelDaddy.com use the code CAMPRAMAH.)



LabelDaddy



- **Label, label, label.** Use sticker labels or iron-on labels to label everything that you send with your child (including the clothing they wear on the bus). Believe it or not, the stickers stay on even after numerous washings. Please take the time to label everything you are sending up to camp including water bottles, flashlights, even shoes. We ask that you **label your child's water bottle with a first and last name andedah** in order to help us return bottles to their owners in a timely manner to keep everyone hydrated. Labels make bunk clean-up occur more smoothly and allow us to return items left around camp before the session ends. Iron-on work as well. The good, old-fashioned permanent marker method often results in hard-to-read names or only initials, and you'd be surprised how many kids there are up at camp with the same initials!

- **Don't pack anything valuable or expensive.** Kids have are so busy at camp that often keeping track of their things is the last thing on their mind.
- **Please don't pack items like candy or cell phones that are not allowed at camp.**

