# Packing List

**Clothing**
- 14 pairs of underwear
- 14 pairs of socks
- 10 t-shirts/casual shirts
- 3 warm long-sleeved shirts
- 2 sweatshirts/sweaters/light jacket
- 7 pairs of shorts
- 4 pairs of pants (jeans/sweatpants)
- 3 pairs of pajamas
- 2 swimsuits (1 piece, tankini, or swim shorts)  
  *No speedos or bikinis*
- 1-2 short or long-sleeved rash guards for pool use
- 2 plain white t-shirts that can be used for projects

**Shoes**
- 1 pair of sturdy walking/athletic shoes
- 1 pair of nice shoes/sandals for Shabbat
- 1 pair of shoes for pool/shower

**Toiletries**
- Toothbrush, toothpaste, floss
- Shampoo and conditioner
- Soap with traveling holder or body wash
- Deodorant
- Feminine hygiene products
- Sunscreen (SPF 30 or higher)
- Bug spray
- Chapstick
- Moisturizing lotion
- Comb/brush and hair ties
- Shower tote

**Linens**
- 2 sets of twin size sheets (required!)
- 1-2 blankets/light comforter
- 1 pillow and 2 pillowcases
- 1 sleeping bag (for outdoor use only)
- 4 towels and washcloths (2 for bathing, 2 for the pool)
- 1 laundry bag

**Accessories**
- 1 pair swim goggles
- 2 hats/caps for sun protection (a must!)
- 1 flashlight and batteries
- 2 water bottles labeled with first and last name, and *edah*
- Pens, stationery, address labels, stamps
- 1 small backpack/daypack
- Hangers for Shabbat clothing
- 5 *kipot* (at least) required for boys, optional for girls
- **Tallit and T’fillin** are required for boys over Bar Mitzvah age and welcomed for girls
- 1 extra pair of prescription glasses/contact lenses
- Bathrobe (optional)
- 1 pair sunglasses (optional)
- 1 spray water bottle to keep cool (optional)
- 1 clip-on fan portable size (optional)

**Shabbat**
*For Friday night and Shabbat morning: nicer than weekday, but comfortable and casual*
- 4 dresses/skirts/outfits
- 4 dress/polo shirts (long or short sleeved)
- 3 pairs of dress slacks or khakis (no jeans)
- One white Shabbat outfit
- **Shoulders and backs need to be covered by either sleeves or a sweater for all t’fillot**

**Suggested Items/Activities for down-time:**
- books, playing cards, markers, fidgets, board games
- tennis racket, baseball glove, disposable/digital camera, musical instruments

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**Tallit/Tzitzit & T’fillin:**
A **tallit** and **t’fillin** are required for all male campers who are 13 or older and we encourage female campers wear them as well. Our staff is happy to teach or assist anyone who wants to learn more, wear a tallit, or wrap t’fillin for the first time. Please make sure that the tallit t’fillin bags are labeled AND have index cards inside with campers name and address. If you would like to order a pair of t’fillin in advance of the summer please contact the office.